

Bible Study for the week of Trinity Sunday, 7th June

A: Text - PSALM 8: Authorised Version

O LORD, our Lord, how excellent is thy name in all the earth! who hast set thy glory above the heavens.

²Out of the mouth of babes and sucklings hast thou ordained strength because of thine enemies, that thou mightest still the enemy and the avenger.

³When I consider thy heavens, the work of thy fingers, the moon and the stars, which thou hast ordained;

⁴What is man, that thou art mindful of him? and the son of man, that thou visitest him?

⁵For thou hast made him a little lower than the angels, and hast crowned him with glory and honour.

⁶Thou madest him to have dominion over the works of thy hands; thou hast put all things under his feet:

⁷All sheep and oxen, yea, and the beasts of the field;

⁸The fowl of the air, and the fish of the sea, and whatsoever passeth through the paths of the seas.

⁹O LORD our Lord, how excellent is thy name in all the earth!

1 If possible read aloud twice and notice which words or phrases most take your attention.

2 Reflect for a few moments on these words or phrases, then read again.

3 How do you feel about being made 'a little lower than the angels'?

4 Where do you see God the Creator's enemies?

5 Dominion brings responsibility. Could we, as individuals or as a community, improve our actions in this respect?

6 Do you have a favourite hymn or song of praise you would set alongside this very ancient and beloved psalm of David?

B: Artwork

1 GOD THE FATHER: Van Gogh - The Starry Sky



What feelings does this image inspire?

Is it's energy disturbing?

2 GOD THE SON: Michelangelo - La Pieta



What feelings does this image inspire?

Is the suffering too much to contemplate?

3 GOD THE HOLY SPIRIT: Pablo Picasso - Child With Dove



What feelings does this image inspire?

What might it mean that a child is holding the spirit safe?

C: Activity

There are so many symbols connected with the Trinity. Perhaps you would like to spend a few minutes doodling/making one of your own. The idea is to think freely around three-ness and one-ness, so focus on process not outcome . I have attached my efforts.

P S Triple chocolate cake for Sunday tea?



D: Prayer - Trisagion

To close, pray aloud, three times

- Holy God
- Holy and strong
- Holy and immortal
- Have mercy on us

There is also a YouTube video from 18 March 2015, Orthodox Christian Chants, Trisagion in English and Greek, which I found beautiful: <https://www.youtube.com/watch?v=oJ6of7ViJ5w>